

How to make dinner for a hedgehog

Weigh out each of the following ingredients and place in your group's mixing bowl and mix well:

- 30 grams (g) of unsalted peanuts- chopped or crushed
- 30g of sunflower hearts
- 10g of dried meal worms
- 20g of sultanas
- 20g of dried banana- chopped or crushed

Serves: 1 adult hedgehog



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Advice note for hedgehog food

Dear parent/guardian,

We have had great fun learning about hedgehogs and what they eat, and have even made a 'dinner for a hedgehog'.

This mixture can be put outside in your garden/local green space to attract wild hedgehogs. It will work best if put out just after dusk, in a sheltered area, along with a separate shallow dish of water if possible. Try watching quietly for wildlife from a window. Bring the food in after a few hours if you do not want other animals to eat it, otherwise you can leave it out as it is suitable for all wildlife.

Please note the mixture contains peanuts.

Hope you all see some hedgehogs!

Yours faithfully,

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